

| VHC - Trainingen Zaalhockey in Sporthal Rijnbeek, Rijnbeekstraat, Venlo | | | | | | |
|--|--------------|------------------------|----------------|---------------------------------|------------------|---|
| Dag | Datum | Trainingstijden | Team | Trainer | Assistent | Competitie |
| donderdag | 24-11-2011 | 16:30 - 18:00 | JC1 | Ron van Weerd | | 7, 8, 14, 15, 21, 28, 29 jan, 4, 11, 25 feb |
| | | 18:00 - 19:30 | JB1 | Ron van Weerd | | 17, 18 dec, 15, 21, 22, 29 jan, 5, 11, 12, 26 feb |
| vrijdag | 25-11-2011 | 16:00 - 17:15 | MC3 | Coen Sniijders | | 18, 31 dec, 7, 8, 15, 21, 29 jan, 5, 11, 12 feb |
| | | 17:15 - 18:15 | JD1 | Thijs Pubben | | 31 dec, 8, 14, 21 jan, 4, 5, 11, 12, 25, 26 feb |
| | | 18:15 - 19:30 | MC2 | Felice Linthorst/Lisanne Rutten | | 11, 24 dec, 7, 14, 15, 21 jan, 11, 12 feb |
| donderdag | 1-12-2011 | 16:30 - 18:00 | MC1 | vacature | | 17 dec, 7, 14, 21, 28 jan |
| | | 18:00 - 19:30 | JA1 | Pim Lommen | | 11, 18 dec, 8, 15, 21, 29 jan, 11, 12 feb |
| vrijdag | 2-12-2011 | 16:00 - 17:45 | MB1 | Patrick Jeuken / Joost Cornet | | 17, 18 dec, 14, 15, 21, 22, 29 jan, 5, 12, 25 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| zondag | 4-12-2011 | 09:00 - 10:45 | MD1 | Peter van Soest | Patrick Jeuken | 18 dec, 7, 8, 21, 22 jan, 4, 5, 11, 12, 26 feb |
| | | 10:45 - 12:15 | MD2 | Peter van Soest | Patrick Jeuken | 17, 18 dec, 7, 8, 15, 21, 22 jan, 4, 5, 25 feb |
| | | 12:15 - 13:45 | MB3 | Rita Peeren | Patrick Jeuken | 10, 18 dec, 7, 8, 15, 22, 28, 29 jan, 4, 11 feb |
| | | 13:45 - 15:15 | MC2 | Felice Linthorst/Lisanne Rutten | Patrick Jeuken | 11, 24 dec, 7, 14, 15, 21 jan, 11, 12 feb |
| | | 15:15 - 17:00 | Heren 1 | Peter Klomstein | | 18 dec, 7, 21, 22, 28 jan |
| donderdag | 8-12-2011 | 16:30 - 18:00 | JC1 | Ron van Weerd | Patrick Jeuken | 7, 8, 14, 15, 21, 28, 29 jan, 4, 11, 25 feb |
| | | 18:00 - 19:30 | JA1 | Pim Lommen | Patrick Jeuken | 11, 18 dec, 8, 15, 21, 29 jan, 11, 12 feb |
| vrijdag | 9-12-2011 | 16:00 - 17:45 | MB2 | Dames 1 / Dames 2 | Patrick Jeuken | 10, 11 dec, 14, 15, 28, 29 jan, 5, 11 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| zaterdag | 10-12-2011 | 13:00 - 14:15 | JD1 | Thijs Pubben | Patrick Jeuken | 31 dec, 8, 14, 21 jan, 4, 5, 11, 12, 25, 26 feb |
| | | 14:15 - 15:30 | MD3 | Marieke Marcelis | Patrick Jeuken | 18, 24 dec, 8, 15, 22, 28, 29 jan, 4, 11, 25 feb |
| | | 15:30 - 16:45 | MD4 | Patrick Jeuken | | 11, 18 dec, 7, 8, 29 jan, 4, 5, 12 feb |
| | | 16:45 - 18:00 | MC3 | Coen Sniijders | Patrick Jeuken | 18, 31 dec, 7, 8, 15, 21, 29 jan, 5, 11, 12 feb |
| zondag | 11-12-2011 | 09:00 - 11:30 | Jongste Jeugd | Patrick Jeuken / Dames 1 | | |
| | | 11:30 - 13:00 | MC1 | vacature | Patrick Jeuken | 17 dec, 7, 14, 21, 28 jan |
| | | 13:00 - 14:15 | MB1 | Patrick Jeuken / Joost Cornet | | 17, 18 dec, 14, 15, 21, 22, 29 jan, 5, 12, 25 feb |
| | | 14:15 - 15:30 | JB1 | Ron van Weerd | Patrick Jeuken | 17, 18 dec, 15, 21, 22, 29 jan, 5, 11, 12, 26 feb |
| | | 15:30 - 17:00 | Heren 1 | Peter Klomstein | | 18 dec, 7, 21, 22, 28 jan |
| donderdag | 15-12-2011 | 16:30 - 18:00 | MD1 | Peter van Soest | Patrick Jeuken | 18 dec, 7, 8, 21, 22 jan, 4, 5, 11, 12, 26 feb |
| | | 18:00 - 19:30 | MD2 | Peter van Soest | Patrick Jeuken | 17, 18 dec, 7, 8, 15, 21, 22 jan, 4, 5, 25 feb |
| vrijdag | 16-12-2011 | 16:00 - 17:45 | MB2 | Dames 1 / Dames 2 | Patrick Jeuken | 10, 11 dec, 14, 15, 28, 29 jan, 5, 11 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 22-12-2011 | 16:30 - 18:00 | MD3 | Marieke Marcelis | Patrick Jeuken | 18, 24 dec, 8, 15, 22, 28, 29 jan, 4, 11, 25 feb |
| | | 18:00 - 19:30 | MD4 | Patrick Jeuken | | 11, 18 dec, 7, 8, 29 jan, 4, 5, 12 feb |
| vrijdag | 23-12-2011 | 16:00 - 17:45 | MB3 | Rita Peeren | Patrick Jeuken | 10, 18 dec, 7, 8, 15, 22, 28, 29 jan, 4, 11 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 29-12-2011 | 16:30 - 18:00 | JC1 | Ron van Weerd | Patrick Jeuken | 7, 8, 14, 15, 21, 28, 29 jan, 4, 11, 25 feb |
| | | 18:00 - 19:30 | JB1 | Ron van Weerd | Patrick Jeuken | 17, 18 dec, 15, 21, 22, 29 jan, 5, 11, 12, 26 feb |
| vrijdag | 30-12-2011 | 16:00 - 17:45 | JD1 | Thijs Pubben | Patrick Jeuken | 31 dec, 8, 14, 21 jan, 4, 5, 11, 12, 25, 26 feb |
| | | 17:45 - 19:30 | Thema-training | Patrick Jeuken | | |

| vervolg... VHC - Trainingen Zaalhockey in Sporthal Rijnbeek, Rijnbeekstraat, Venlo | | | | | | |
|--|-----------|---------------|---------|--|----------------|---|
| donderdag | 5-1-2012 | 16:30 - 18:00 | MC2 | Felice Linthorst/Lisanne Rutten | Patrick Jeuken | 11, 24 dec, 7, 14, 15, 21 jan, 11, 12 feb |
| | | 18:00 - 19:30 | Heren 1 | Peter Klomstein | | 18 dec, 7, 21, 22, 28 jan |
| vrijdag | 6-1-2012 | 16:00 - 17:45 | MB2 | Dames 1 / Dames 2 | Patrick Jeuken | 10, 11 dec, 14, 15, 28, 29 jan, 5, 11 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 12-1-2012 | 16:30 - 18:00 | MC3 | Coen Sniijders | Patrick Jeuken | 18, 31 dec, 7, 8, 15, 21, 29 jan, 5, 11, 12 feb |
| | | 18:00 - 19:30 | JA1 | Pim Lommen | Patrick Jeuken | 11, 18 dec, 8, 15, 21, 29 jan, 11, 12 feb |
| vrijdag | 13-1-2012 | 16:00 - 17:45 | MB1 | Patrick Jeuken / Joost Cornet | | 17, 18 dec, 14, 15, 21, 22, 29 jan, 5, 12, 25 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 19-1-2012 | 16:30 - 18:00 | MD2 | Peter van Soest | Patrick Jeuken | 17, 18 dec, 7, 8, 15, 21, 22 jan, 4, 5, 25 feb |
| | | 18:00 - 19:30 | MD1 | Peter van Soest | Patrick Jeuken | 18 dec, 7, 8, 21, 22 jan, 4, 5, 11, 12, 26 feb |
| vrijdag | 20-1-2012 | 16:00 - 17:45 | MC1 | vacature | Patrick Jeuken | 17 dec, 7, 14, 21, 28 jan |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 26-1-2012 | 16:30 - 18:00 | MB3 | Rita Peeren | Patrick Jeuken | 10, 18 dec, 7, 8, 15, 22, 28, 29 jan, 4, 11 feb |
| | | 18:00 - 19:30 | Heren 1 | Peter Klomstein | | 18 dec, 7, 21, 22, 28 jan |
| vrijdag | 27-1-2012 | 16:00 - 17:45 | MD3 | Marieke Marcelis | Patrick Jeuken | 18, 24 dec, 8, 15, 22, 28, 29 jan, 4, 11, 25 feb |
| | | 17:45 - 19:30 | Dames 1 | Patrick Jeuken / Pim Lommen | | 18 dec, 15, 29 jan, 12 feb |
| donderdag | 2-2-2012 | 16:30 - 18:00 | MD4 | Patrick Jeuken | | 11, 18 dec, 7, 8, 29 jan, 4, 5, 12 feb |
| | | 18:00 - 19:30 | JD1 | Thijs Pubben | Patrick Jeuken | 31 dec, 8, 14, 21 jan, 4, 5, 11, 12, 25, 26 feb |
| vrijdag | 3-2-2012 | 16:00 - 17:15 | MB1 | Patrick Jeuken / Joost Cornet | | 17, 18 dec, 14, 15, 21, 22, 29 jan, 5, 12, 25 feb |
| | | 17:15 - 18:15 | JC1 | Ron van Weerd | Patrick Jeuken | 7, 8, 14, 15, 21, 28, 29 jan, 4, 11, 25 feb |
| | | 18:15 - 19:30 | JB1 | Ron van Weerd | | 17, 18 dec, 15, 21, 22, 29 jan, 5, 11, 12, 26 feb |
| donderdag | 9-2-2012 | 16:30 - 18:00 | MB2/MB3 | Dames 2 / Rita Peeren | | |
| | | 18:00 - 19:30 | JA1 | Pim Lommen | | 11, 18 dec, 8, 15, 21, 29 jan, 11, 12 feb |
| vrijdag | 10-2-2012 | 16:00 - 17:15 | MC1 | vacature | | 17 dec, 7, 14, 21, 28 jan |
| | | 17:15 - 18:15 | MD1 | Peter van Soest | | 18 dec, 7, 8, 21, 22 jan, 4, 5, 11, 12, 26 feb |
| | | 18:15 - 19:30 | MD2 | Peter van Soest | | 17, 18 dec, 7, 8, 15, 21, 22 jan, 4, 5, 25 feb |
| donderdag | 16-2-2012 | 16:30 - 18:00 | MC3/MC2 | Felice Linthorst/Lisanne Rutten/Coen Sniijders | Patrick Jeuken | |
| | | 18:00 - 19:30 | MD3/MD4 | Marieke Marcelis/Patrick Jeuken | Patrick Jeuken | |

weekendtraining